

# Augustana ACAC / Run Alberta XC Race

October 17, 2010

## 5 km results

Runner	Team	Bib#	Time	Place	Gprix	ACAC	AUG	CUCA	GMU	GPRC	KC	LCK	NAIT	RDC	SAIT	Pace/km		
Ciara Kary	open	494	18:44	1												03:45		
Jodi Sanguin	RDC	364	19:12	2	1	1								1		03:50		
Fiona Benson	GPRC	185	19:18	3	2	2				2						03:52		
Jennifer Kemp	RRAC	490	19:47	4												03:57		
Alana Soderberg	UofA	456	20:03	5												04:01		
Amy Barnett	open	489	20:21	6												04:04		
Jesslyn Begin	RDC	366	20:24	7	3	3								3		04:05		
Kat Stone	AUG	169	20:26	8	4	4	4									04:05		
Purity Kandie	LCK	287	20:38	9	5	5						5				04:08		
Gladys Kochei	LCK	277	20:46	10	6	6						6				04:09		
Michele Duvall	UofA	444	21:04	11												04:13		
Megan Hodges	open	461	21:10	12												04:14		
Natasha Dorsey	RDC	367	21:33	13	7	7								7		04:19		
Rebecca Britton	SAIT	388	21:50	14	8	8									8	04:22		
Andrea Labrecque	AUG	124	21:52	15	9	9	9									04:22		
Claudette Augert	open	7	21:57	16												04:23		
Alexandra Gordichuk	GMU	176	22:08	17	10	10			10							04:26		
Stephanie McMullin	GMU	179	22:09	18	11	11			11							04:26		
Damaris Licht	KC	259	22:19	19	12	12					12					04:28		
Alesha Miller	RDC	371	22:28	20	13	13								13		04:30		
Mara Tietzen	open	4	22:40	21												04:32		
Melissa Cable	RDC	368	22:46	22	14	14								14		04:33		
Franziska Bossart	GMU	172	22:49	23	15	15			15							04:34		
Serena McKay	UofA	455	22:54	24												04:35		
Brandi MacKenzie	LCK	291	22:56	25	16	16						16				04:35		
Patricia Leighton	UofA	492	22:57	26												04:35		
Elizabeth Derksen	open	475	23:06	27												04:37		
Shara Harke	AUG	146	23:07	28	17	17	17									04:37		
Dorothy Kimosop	LCK	282	23:12	29	18	18						18				04:38		
Jackie Benning	GPRC	238	23:20	30	19	19				19						04:40		
Isabella Englert	GMU	174	23:30	31	20	20			20							04:42		
Jessie MacDonald	UofA	451	23:30	32												04:42		
Lauren Brookes	AUG	117	23:39	33	21	21	21									04:44		
Kalli Green	AUG	165	23:47	34	22	22	22									04:45		
Chennaee Lapatak	NAIT	321	23:49	35	23	23							23			04:46		
Andrea Von Engelhardt	NAIT	297	23:57	36	24	24							24			04:47		
Vanessa Besharah	GPRC	249	24:05	37	25	25				25						04:49		
Emily Cole	AUG	167	24:09	38	26	26	26									04:50		
Amanda McWhan	RDC	379	24:19	39	27	27								27		04:52		
Karlee Gunderson	LCK	289	24:22	40	28	28						28				04:52		
Katie Westman	SAIT	398	24:29	41	29	29									29	04:54		
Jill Blashyn	SAIT	395	24:35	42	30	30									30	04:55		
Kaitlyn Lodewyk	RDC	378	24:41	43	31	x								x		04:56		
Kassi Boyd	GMU	173	24:41	44	32	31			31							04:56		
Alia Shahab	SAIT	397	24:42	45	33	32									32	04:56		
Emma Norris	AUG	140	24:46	46	34	x	x									04:57		
Kate Blackett	RDC	382	24:47	47	35	x								x		04:57		
Jenna Keay	AUG	109	24:50	48	36	x	x									04:58		
Terry Steadman	GMU	183	24:50	49	37	33			33							04:58		
Kristen Ong	UofA	491	25:11	50												05:02		
Haley Howland	NAIT	326	25:12	51	38	34							34			05:02		
Amanda Matier	GPRC	230	25:25	52	39	35				35						05:05		
Carina Ness	GPRC	253	25:30	53	40	36				36						05:06		
Gabrielle Boulet	GPRC	187	25:33	54	41	37				37						05:07		
Jacklyn Wakita	UofA	458	25:34	55												05:07		
Heather Campbell	SAIT	399	25:48	56	42	38									38	05:10		
Lindsay Broks	NAIT	324	25:49	57	43	39							39			05:10		
Christa Miller	RDC	375	25:50	58	44	x								x		05:10		
Iloa Gyapay	AUG	498	25:54	59	45	x	x									05:11		
Fiona de Monye	SAIT	405	26:06	60	46	40									40	05:13		
Jesse Watkins	AUG	495	26:21	61	47	x	x									05:16		
Kim McKinnon	NAIT	333	26:42	62	48	41							41			05:20		
Rebecca Fuller	RDC	384	26:47	63	49	x								x		05:21		
Laura Fraser	AUG	137	27:01	64	50	x	x									05:24		
Ashley Bernard	KC	273	27:16	65	51	42					42					05:27		
Reba Murphy	open	476	27:23	66												05:29		
Nastascia Antypowich	NAIT	334	27:26	67	52	43							43			05:29		
Teagan Gahler	NAIT	330	27:35	68	53	x							x			05:31		
Carly Pura	GPRC	232	27:38	69	54	x				x						05:32		
Linnea Saltel	GPRC	235	27:41	70	55	x				x						05:32		
Kelsey Muldoon	SAIT	409	28:02	71	56	x									x	05:36		
Liz McGregor	GPRC	231	28:24	72	57	x				x						05:41		
Kirsten Manz	GPRC	251	28:30	73	58	x				x						05:42		
Jenn Wilson	open	460	29:15	74												05:51		
# of runners scoring							74	58	43	6	0	6	6	2	5	6	6	6
# of non-scoring runners									15	5	0	0	4	0	0	1	4	1
total best 4 runners									51		56	81		45	120	24	99	
rank on best 4 runners									3		4	5		2	7	1	6	
total best 3 runners									30		36	46		27	81	11	67	
rank on best 3 runners									3		4	5		2	7	1	6	
total best 3 women+best 3 men									47		65	82		35	155	121	124	
rank on best 3 women and men									2		3	4		1	7	5	6	

note: ACAC team scores based on ACAC placing, whereas open and hs team scores based on overall placing