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Trojan Volleyball



Melanie Gukert—FCAVA Vice President



Dear Alumni,

The 2010-11 academic school year has started and we are excited for the future of our Trojan teams. SAIT is experiencing some significant growth within the institute and that alone is something to be very proud of. It is always fun to see the new students as they arrive on the campus full of excitement and enthusiasm as they enter a new stage of their lives. Do you recall the

day you arrived on campus, uncertain as to what to expect?

As you will see in this edition, we have many opportunities for you to reconnect with your fellow Trojan Volleyball Alumni. We are hosting an event called **The Trojan Family Fun Game Day on January 22 @ 1pm**. Please make plans to attend, or if you are in town, please stop into V205 and check out the newly renovated Athletics and Recreations office!

We have also created new ways to stay in touch. Check us out on Facebook and become a fan (link below)

We already have a large number of alumni who have re-connected with SAIT and old friends through Face-

book. I would also like to bring your attention to the Alumni News featuring the Alumni Spotlight and Announcements section of this newsletter. Here you will see what is happening in the lives of other alumni. Please let us know about significant events in your life, and we will share it with your peers from SAIT.

We look forward to hearing from you and appreciate your continued interest and support of the Trojans.

Melanie (Koershuis) Gukert
Trojan Volleyball Alumnus
1998-2000

Friends of Calgary Amateur Volleyball Association -
FCAVA Vice President

SAIT Trojan Volleyball Alumni



They say that nobody is perfect. They also say that practice makes perfect. I wish they would make up their minds.

- Wilt Chamberlain



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Alumni News - Alumni Spotlight



Sarah (Kucharski) Hissett Trojan Volleyball Alumnus 1999—2000 Graduated from the Cinema Television Stage and Radio program.



“A lot of people don’t realize it is a real sport. We train multiple times per week and we still have to abide by rules, kind of like in hockey. We can’t hit from behind, we can’t trick or throw the elbows or the theatrics of the 1970s derbies,” Hissett said. “It is a full contact women’s sport.” And Hissett and many of her teammates have the bruises to prove it.

Roller derby is like short-track speed skating where contact is legal and encouraged. And the contact is real, along with the injuries skaters sustain.

The bouts are broken into jams, which are two-minute-long sessions where the women skate around trying to gain points. One person in the pack of skaters is the jammer — or point scorer. The object of the game is to block the other pack’s jammer while trying to allow your pack’s jammer to pass women on the opposing team and gain points in the process.

Sarah “Hissett Fit” keeps herself busy not only as a skater for the Calgary Roller Derby Association’s house team but she is also on the Thrashin’ Lassies and co-captain of the travel team, the Hellion Rebellion. On top of all that, she is also the captain of the Rookie Squad, or fresh meat as they are sometimes called. If you don’t find

her on her skates, you can find her working as an insurance underwriter downtown.

Hissett Fit along with a Team Canada team-mate, created the Canadian Women’s Flat Track Roller Derby Association (CWRDA) in 2009; a Canada wide association that brings leagues from Coast to Coast together to grow Roller Derby in Canada! This past May long weekend, the ladies held their second annual Bootcamp in Edmonton, where 170 roller girls, coaches and referees took part in a three day camp.

For more information on the sport please feel free to contact Sarah at shissett@telus.net



Alumni News - Ways to Stay in Touch



Did you know that you that you can stay in touch with all of your SAIT peers through the SAIT Alumni—Virtual Reunion. Click on the Facebook logo and become a fan. SAIT Alumni offers great events for you and your family.

Open House - Alumni Lounge - February 5, 2011

Details: Visit the Alumni Lounge to rest your feet, enjoy snacks and treats, meet with other alumni and learn about the benefits of being a part of the SAIT alumni community. We’ll also have computers available so your son or daughter can jump the line to complete their online registration for free - just one more benefit of being a SAIT graduate.

Location: SAIT Main Campus—Macdonald Hall

Time: 9:00 a.m. to 4:00 p.m.

For more details contact Alumni & Development at alumni@sait.ca or call 403.210.4010.



You can also check out the SAIT Alumni website by clicking on the SAIT logo. Lots of great information on how your Alumni works for you.



Letter from our Athletic Director



Dear Trojan Supporters,

I am writing today to share with you the status of efforts to ensure that SAIT's student athletes enjoy the best possible opportunities for growth and competition while pursuing their education at SAIT.

Currently the post-secondary sport system in Canada is comprised of two organizations: the Canadian Colleges Athletic Association (CCAA) and the Canadian Interuniversity Sport (CIS). These organizations were created several decades ago and reflected 'categories' (two-year diploma granting institutions versus four-year degree granting institutions) of post-secondary education.

SAIT Polytechnic belongs to the CCAA through the Alberta Colleges Athletic Conference (ACAC). Our Trojan teams have achieved strong success winning 104 ACAC (Provincial) Championships and 16 CCAA (National) Championships since the ACAC's inception in 1964.

As you know, the educational landscape has changed dramatically since 1964. Many colleges and polytechnics (like SAIT) have begun offering baccalaureate degree programs – and some colleges have become universities. In Canada, the structure of post-secondary sport has not kept pace with this evolution and that is becoming a growing threat to athletics at institutions like SAIT – who believe sport contributes greatly to society – and are therefore committed to providing elite level experiences to our student athletes.

In response, SAIT Polytechnic applied for membership to the CIS in 2003. Our application was turned down because SAIT was not a member of the Association of Universities and Colleges of Canada (AUCC) and SAIT's primary purpose was not granting baccalaureate degrees.

In 2005, SAIT established a task team, chaired by then Board of Governors member, Ivan Bernardo. The mandate of the task team was to lead the challenge of refining the post-secondary sports system in Canada.

SAIT's idea is that the CCAA and the CIS join together into one sport system. This 'blended model' would see tiers established on the basis of economies of scale, competitiveness and regional rivalries – irrespective of educational designations such as universities, colleges or polytechnics. The structure would be flexible, fluid and open and culminate in Canadian Championships in a number of sports.

Throughout SAIT's journey in pursuing this vision, we have come to understand first-hand the challenges of creating change. Nonetheless, we remain undeterred. Currently we are lobbying our supporters in sports, academics, student associations, media and government to become advocates for a system that – above all else – is focused on the best interests of student athletes.

The task is a difficult one, but students are worth the effort.

Regards,

Ken Babey **B.Ed., M.Sc.**

Athletic Director



Alumni News - Announcements



Little Trojans of 2010



Regan (Hennie) Domes (1999-2001) and her husband Ryan welcomed a baby boy into the world on

October 19th 2010. Garrett Ryan weighed 7lbs 4oz and was 21 inches long. Regan, Ryan and their daughter Nora and baby Garrett reside in High River.



Paul Norris (1997-1999) and his wife Rachelle welcomed baby number 3 into the world on October 8th 2010. Colton Steven weighed 10lbs 8.8oz and was 21.5 inches long. Paul and Rachelle and their 3 little boys, Oliver, Bennett and baby Colton live in Calgary. Paul is also currently a instructor in the Architectural Technologies program at SAIT.

We are always looking for ways to improve communication with our alumni. The new and improved on-line newsletter will enable us to get the news to you faster and in a more interactive fashion.

In an effort to increase communication about our alumni, we are requesting that if you have recently had a major life change please let us know! Email us at trojan.volleyball@shaw.ca We would love to hear about your upcoming nuptials, a new bundle of joy, or maybe a big promotion.



Fellow Alumni in Business



Would you like to have your business featured here for our next newsletter? Let us know ...



by Regan Domes
www.vavagifts.ca

Weddings | Corporate | Baby Showers
Congratulations | Christmas | Any Occasion



MADIATherapies

Pam Walker RMT
T: 403-807-3618
E: madiatherapies@gmail.com

Mobile Massage Therapy



2011 Home Volleyball Schedule

01/15/2011	AUG Vikings	@	SAIT	W 6pm/M 8pm
01/21/2011	GPRC Wolves	@	SAIT	W 6pm/M 8pm
01/22/2011	GPRC Wolves	@	SAIT	W 1pm/M 3pm
01/28/2011	MRU Cougars	@	SAIT	W 6pm/M 8pm

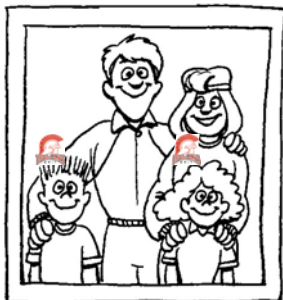


Trojan Family
Fun Game Day
January 22, 2011
Sponsored by
FCAVA



More details will be found on our Facebook page
SAIT Trojan Volleyball Alumni closer to the date!

Trojan Family Fun Game Day



COUPON



PRIZES ~ FUN ~ TREATS ~ VOLLEYBALL ~ FAMILY ~ GAMES ~ KIDS ~ FREE

